

# Perinatal Bereavement Resources

## Support Groups for Families in Miami-Dade County

Description: Support for families who have lost a baby at any stage of pregnancy or newborn death. These services are absolutely free and confidential. Find the most convenient location:

Location: **Healthy Start Coalition of Miami-Dade**  
Multiple locations throughout Miami-Dade County. Please contact us for more information.

Description: Share Pregnancy and Infant Loss Support Groups and individual counseling. All services are free, voluntary and confidential. Services are provided by Masters Level therapists.  
Brochures on Stillbirth & Infant Loss and Early Pregnancy Loss are available in English and Spanish.

Phone: (305) 541-0210

Email: [share@hscmd.org](mailto:share@hscmd.org)

Website: [www.hscmd.org](http://www.hscmd.org)

Location: **South Miami Hospital**  
Main Hospital Chapel  
6200 SW 73<sup>rd</sup> Street, Miami, FL 33143. This support group is for anyone suffering from a loss during pregnancy or infant loss. Family, friends and caregivers are welcome to attend.

Meetings: 1<sup>st</sup> Wednesday of every month

Time: 7:00 p.m. to 8:30 p.m.

Language: Group is bilingual. (English and Spanish)

Contact: Michael Alicea; email: [mijalcea@bellsouth.net](mailto:mijalcea@bellsouth.net)

## Additional Services for Families in Miami-Dade County

**National Suicide Prevention Hotline** 1-800-273-8255  
[www.Suicidepreventionlifeline.org](http://www.Suicidepreventionlifeline.org)

### Children's Bereavement Center

Description: Support Groups for adults, children, teens and young adults (elementary through college) who are grieving the death of a loved one. Young adult group meets at University of Miami. Orientations are held monthly for families considering participation.

Locations: Coconut Grove, Miami Shores, Doral (additional locations in Davie, Boca Raton, Parkland) Meetings available in English and Spanish.

Contact: Daniel Sheridan, PhD, Chief Program Director

Phone: (305) 668-4902

Website: [www.ChildBereavement.org](http://www.ChildBereavement.org)

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## Perinatal Bereavement Resources

### **Compassionate Friends (Miami Chapter)**

Description: A non-denominational meeting place for parents, grandparents and others grieving children of any age to come together. Lending library and other resources. Annual candle lighting ceremony.

Location: Temple Beth AM (Extended Social Hall), 5950 North Kendall Drive, Miami, FL 33156

Meeting: 2<sup>nd</sup> Thursday of every month at 7:15 p.m. (free)

Contact: Cindy Baum or Shelly Ellis or Jill Flingos

Phone: (305) 460-5762 (leave message, call will be returned)

Email: [tcfmiami@bellsouth.net](mailto:tcfmiami@bellsouth.net)

Website: [www.compassionatefriends.org](http://www.compassionatefriends.org)

### **Florida Chapter of the TEARS Foundation**

Description: This non-profit organization offers financial assistance to help bereaved parents with the cost of infant burial or cremation expenses as well as ongoing emotional support. A grave marker program supports families who are unable to purchase a marker for their child.

Phone: 1-253-200-0944

Website: [www.thetearsfoundation.org](http://www.thetearsfoundation.org)

Contact: Margaret Pilon (732-610-8771)

Email: [office@thetearsfoundation.org](mailto:office@thetearsfoundation.org)

### **Florida SIDS Alliance**

Description: Continuous source of assistance to parents who lose a child suddenly and unexpectedly, particularly due to Sudden Infant Death Syndrome (SIDS)

Phone: 1-800-SIDS-FLA (1-800-743-7352)

Website: [www.sidsfla.org](http://www.sidsfla.org)

Email: [sidsfla@yahoo.com](mailto:sidsfla@yahoo.com)

## **National Resources**

### **National Share Pregnancy & Infant Loss Support, Inc.**

Description: Provides support to those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life. Bilingual website. Online chat support group in English available the first Tuesday of the month, 8-10 PM (EST). Online chat support group in Spanish available the fourth Tuesday of the month, 9:00 – 10:00 PM (EST).

Phone: 1-800-821-6819

Website: [www.nationalshare.org](http://www.nationalshare.org)

Email: [info@nationalshare.org](mailto:info@nationalshare.org)

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## Perinatal Bereavement Resources

### **M.I.S.S. Foundation**

Description: International, volunteer based organization that providing C.A.R.E. (counseling, advocacy, research and education) support and long term aid to families experiencing the death of a child from any cause.

Phone: 1-888-455-MISS (1-888-455-6477)

Website: [www.missfoundation.org](http://www.missfoundation.org)

Email: [info@missfoundation.org](mailto:info@missfoundation.org)

### **Now I Lay Me Down to Sleep**

Description: Now I Lay Me Down to Sleep (NILMDTS) connects families with volunteer photographers who donate the gift of infant remembrance photography. NILMDTS will retouch photographs taken by hospitals or family members when volunteer photographers were unavailable.

Phone: 1- 877-834-5667

Website: [www.nowilaymedowntosleep.org](http://www.nowilaymedowntosleep.org)

Email: [headquarters@nilmdts.org](mailto:headquarters@nilmdts.org)

### **Bereaved Parents of the USA**

Description: A national non-profit self-help group that offers support, understanding, compassion and hope especially to the newly bereaved, be they bereaved parents, grandparents or siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings. The website has many informative resources. (English)

Website: [www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

### **March of Dimes**

Description: Provides research to problems that threaten the health of babies and promotes healthy pregnancies. The mission is to prevent premature birth and birth defects and educate moms and support families in need.

Website: [www.marchofdimes.org](http://www.marchofdimes.org)

Phone: 407-599-5077 (Florida) 305-477-1192 (Miami)

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