Perinatal Bereavement Resources

Support Groups for Families in Miami-Dade County

**Description:** Support for families who have lost a baby at any stage of pregnancy or newborn death. These services are absolutely **free** and **confidential**. Find the most convenient location:

**North Area**

**Provider:** Avanti Support & Services Healthy Start Contracted Provider  
**Location:** The Village South Healthy Start  
11098 Biscayne Blvd., Suite 305, Miami, FL 33161  
**Meetings:** 1st Thursday of every month.  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Languages:** English & Spanish (Creole only available at this time for one-to-one counseling)  
**Contact:** Monica Bermudez, BS, MSW, Healthy Start Program  
**Phone:** (305) 255-5363  
**Note:** Individual counseling is available to families who prefer one-to-one instead of support group setting.

**Location:** The Gathering Place  
5810 Biscayne Blvd., Miami, FL 33137  
**Meetings:** 4th Tuesday of every month  
**Time:** 7:00 p.m. to 9:00 p.m.  
**Language:** English  
**Contact:** The Gathering Place (for the Empty Arms Group)  
**Phone:** (786) 953-6417  
**E-mail:** groups@theplacewegather.com  
**Website:** www.theplacewegather.com

**South Miami Area**

**Location:** South Miami Hospital  
Education Center, Medical Library, Victor E. Clarke Education Center  
6200 SW 73rd Street, Miami, FL 33143  
**Meetings:** 1st and 3rd Wednesday of every month  
**Time:** 7:00 p.m. to 8:30 p.m.  
**Language:** English (Group meeting is in English, Group leader is bilingual. Spanish speaking parents welcome.)  
**Contact:** Baptist Hospital Support Group Office 786.596.3895  
**Email:** SupportGroups@BaptistHealth.net
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**Additional Services for Families in Miami-Dade County**

**Healthy Start Coalition of Miami-Dade**
**Description:** Share Pregnancy and Infant Loss Support Groups and individual counseling. All services are free, voluntary and confidential. Services are provided by Masters Level therapists. Brochures on Stillbirth & Infant Loss and Early Pregnancy Loss are available in English and Spanish.

**Phone:** (305) 541-0210
**Email:** share@hscmd.org
**Website:** [www.hscmd.org](http://www.hscmd.org)

**Children’s Bereavement Center**
**Description:** Support Groups for adults, children, teens and young adults (elementary through college) who are grieving the death of a loved one. Orientations are held monthly for families considering participation.

**Locations:** Coconut Grove, Miami Shores, West Dade (additional location in Davie, Fort Lauderdale) Meetings available in English and Spanish.

**Contact:** Kathy Kramer, Program Director
**Phone:** (305) 668-4902
**Website:** [www.ChildBereavement.org](http://www.ChildBereavement.org)

**Compassionate Friends (Miami Chapter)**
**Description:** A non-denominational meeting place for parents, grandparents and others grieving children of any age to come together. Lending library and other resources. Annual candle lighting ceremony.

**Location:** Temple Beth AM (Extended Social Hall), 5950 North Kendall Drive, Miami, FL 33156
**Meeting:** 2nd Thursday of every month at 7:15 p.m. (free)
**Contact:** Cindy Baum or Shelly Ellis
**Phone:** (305) 460-5762 (leave message, call will be returned)
**Website:** [www.compassionatefriends.org](http://www.compassionatefriends.org)

**Florida Chapter of the TEARS Foundation**
**Description:** This non-profit organization offers financial assistance to help bereaved parents with the cost of infant burial or cremation expenses as well as ongoing emotional support. A grave marker program supports families who are unable to purchase a marker for their child.

**Phone:** 1-253-200-0944
**Website:** [www.tearsfoundation.org](http://www.tearsfoundation.org)
**Email:** office@thetearsfoundation.org
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**Florida SIDS Alliance**
**Description:** Continuous source of assistance to parents who lose a child suddenly and unexpectedly, particularly due to Sudden Infant Death Syndrome (SIDS)
**Phone:** 1-800-SIDS-FLA (1-800-743-7352)
**Website:** www.sidsfla.org
**Email:** sidsfla@yahoo.com

**National Resources**

**National Share Pregnancy & Infant Loss Support, Inc.**
**Description:** Provides support to those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life. Bilingual website. Online chat support group available the first Tuesday of the month, 8-10 PM (EST).
**Phone:** 1-800-821-6819
**Website:** www.nationalshare.org

**M.I.S.S. Foundation**
**Description:** International, volunteer based organization that providing C.A.R.E. (counseling, advocacy, research and education) support and long term aid to families experiencing the death of a child from any cause.
**Phone:** 1-888-455-MISS (1-888-455-6477)
**Website:** www.missfoundation.org
**Email:** info@missfoundation.org

**Now I Lay Me Down to Sleep**
**Description:** Now I Lay Me Down To Sleep (NILMDTS) connects families with volunteer photographers who donate the gift of infant remembrance photography. NILMDTS will retouch photographs taken by hospitals or family members when volunteer photographers were unavailable.
**Phone:** 1- 877-834-5667
**Website:** www.nowilaymedowntosleep.org

**Bereaved Parents of the USA**
**Description:** A national non-profit self-help group that offers support, understanding, compassion and hope especially to the newly bereaved, be they bereaved parents, grandparents or siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings. The website has many informative resources. (English)
**Website:** www.bereavedparentsusa.org

**March of Dimes**
**Description:** Provides research to problems that threaten the health of babies and promotes healthy pregnancies. The mission is to prevent premature birth and birth defects and educate moms and support families in need.
**Website:** www.marchofdimes.org
**Phone:** 407-599-5077 (Florida) 305-477-1192 (Miami)

Compiled by

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