



Date:

Dear Ms. /Mrs.

The Florida Department of Health in Miami-Dade County, Healthy Start Data Management Office has received information of your interest in the Healthy Start Program. The health of you and your baby is important to the Department. We would like to make sure that you are receiving the services you may need at this special time.

Healthy Start services are **FREE of CHARGE and VOLUNTARY regardless of Immigration status**. The following services are provided through the Healthy Start Program:

- Care Coordination and Case Management
- Parenting Education and Support
- Childbirth Education
- Breastfeeding Education and Support
- Psychosocial Counseling
- Nutrition Counseling
- Interconceptional Education and Cessation Counseling
- Home Visiting and other services as needed

As you know, **a healthy start begins with you!** If you would like to participate in Healthy Start classes for moms, dads and babies please visit the Healthy Start Coalition of Miami-Dade's website at www.hscmd.org and click on the link *Healthy Start Program* tab for a list of classes in the community.

If you're interested in further services and would like for one of our Care Coordinators to contact you, please call us at (305) 278-1074 and advise if you want to enroll in the Healthy Start Program, as long as you agree to share your health information with one of our partnering organizations in the community.

Your health is important to us and we look forward to hearing from you!

Sincerely,

Florida Department of Health in Miami-Dade
Healthy Start Data Management Office

Department's Mission: "To protect, promote & improve the health of all people in Florida through integrated state, county, & community efforts."

Healthy Start's Goal: "To reduce infant mortality, reduce the number of low birth weight babies, and improve health and developmental outcomes."