



NUTRITION SCREENING REFERRAL FORM

CLIENT INFORMATION

Client's Name:		Client's Date of Birth: (mm/dd/yyyy)	<input type="checkbox"/> Pregnant <input type="checkbox"/> Post-partum (8 weeks) <input type="checkbox"/> Infant (0-1 year) <input type="checkbox"/> Child (1-3 years) <input type="checkbox"/> 1 st Time Mom	Home Phone ()
Parent/Guardian Name (if client is an infant):		Social Security #		Cell Phone ()
Street Address: (street address, apartment#, city, state, zip code) (P.O. Box is not acceptable.)				
Expected Date of Delivery:	Pre-pregnancy weight: _____ Present weight: _____	Height: ____ in (Calculated in inches)	Birth Weight: _____ Birth Length: _____	Language preferred:

UNDERWEIGHT	NORMAL	OVERWEIGHT	OBESE	EXTREME OBESE	Client's BMI
< 19	19 - 24	25 - 29	30 - 39	≥ 40	

PROVIDER INFORMATION

Referred To:	Address:	Phone: Fax:
From: (name of person making referral)	Title:	
Organization:	Address:	Work Phone: Cell Phone:

- Client is expecting twins. Other _____
- Client has been smoking three (3) months prior to being pregnant.
- Client is currently smoking.
- Client has been drinking alcoholic beverages three (3) months prior to being pregnant.
- Client is currently drinking.
- Client has known food allergies: _____
- Client has family history of: Diabetes Mellitus High Blood Pressure None

Best time to contact client: _____

Risk Level: _____

OB/GYN or Pediatrician:

Client has been diagnosed with: (check all that apply)

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Asthma | <input type="checkbox"/> Depression | <input type="checkbox"/> Thyroid disorder |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Celiac disease | <input type="checkbox"/> Renal disease | <input type="checkbox"/> Major dental problems |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Eating disorder | <input type="checkbox"/> Developmental delay | <input type="checkbox"/> Infectious disease |
| <input type="checkbox"/> Gestational Diabetes | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Gastrointestinal disorder | <input type="checkbox"/> Nutrient deficiency disease |
| | | <input type="checkbox"/> Hypoglycemia (low blood sugar) | <input type="checkbox"/> Other: _____ |

- Client has poor dietary habits. Specify: _____
- Client is taking prescribed medications. Reason: _____
- Client would like to have guidance in choosing a healthy diet for: Self Infant Child (This alone is not sufficient for referral.)
- Other: _____

Referring Person Signature _____ Date _____

Response to Referral Originator:

	_____ Respondent's Signature	_____ Date
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