

## Your Child's Growth and Developmental Steps from Birth to 36 Months

Babies and toddlers grow and develop at their own pace, but usually can do the following activities by the age listed. If you have concerns about your child, please check with your doctor and contact your local Early Steps office.

Typical  
Activities

Indicators  
for  
Concern

	3 Months	6 Months	9 Months	12 Months
Typical Activities	<ul style="list-style-type: none"> <li>*Pushes up head and chest when on tummy</li> <li>*Moves body actively in response to voices</li> <li>*Chuckles, coos</li> <li>*Enjoys touch</li> <li>*Turns head toward sounds</li> <li>*Soothes with cuddling</li> <li>*Smiles</li> <li>*Watches faces and objects</li> <li>*Kicks feet, moves hands</li> <li>*Brings hands to mouth</li> </ul>	<ul style="list-style-type: none"> <li>*Rolls from stomach to back</li> <li>*Has good head control</li> <li>*Laughs while playing</li> <li>*Reaches and grasps toys, objects</li> <li>*Has predictable sleep pattern</li> <li>*Moves object from hand to hand</li> <li>*Sits, but may need support</li> <li>*Babbles more than 2 sounds</li> </ul>	<ul style="list-style-type: none"> <li>*Looks for hidden toy</li> <li>*Throws toys or objects</li> <li>*Pulls self up, stands while holding on</li> <li>*Feeds self finger food such as cereal</li> <li>*Imitate sounds like "ooh" and "ahh"</li> </ul>	<ul style="list-style-type: none"> <li>*Pulls self up and stands</li> <li>*Says "Mama", "Baba", or "Dada"</li> <li>*Begins to follow simple directions (please come here, drink your juice)</li> <li>*Waves bye-bye</li> <li>*Presses buttons on phone, toys</li> <li>*Enjoys being read to</li> </ul>
Indicators for Concern	<ul style="list-style-type: none"> <li>*Does not watch moving objects</li> <li>*No startle to sound</li> </ul>	<ul style="list-style-type: none"> <li>*Unable to roll over</li> <li>*Difficulty lifting head</li> <li>*Does not turn head to direction of sound</li> </ul>	<ul style="list-style-type: none"> <li>*Unable to sit by self</li> <li>*Difficulty picking up objects</li> <li>*Not imitating or babbling</li> </ul>	<ul style="list-style-type: none"> <li>*Does not use single words like "Mama" or "Dada"</li> <li>*Difficulty crawling</li> <li>*Needs to use hand to maintain sitting</li> </ul>

## Typical Activities

	15 Months	18 Months	24 Months	36 Months
Typical Activities	<ul style="list-style-type: none"> <li>*Stands and steps towards or Walks</li> <li>*Knows and says four or five words</li> <li>*Helps to dress by holding out arms or legs</li> <li>*Curious - will explore on own</li> </ul>	<ul style="list-style-type: none"> <li>*Walks well, runs a little</li> <li>*Scribbles *Prefers to feed self</li> <li>*Knows names of things, people</li> <li>*Plays along side other children</li> <li>*Squats to pick up toy</li> <li>*Beginning pretend play</li> </ul>	<ul style="list-style-type: none"> <li>*Kicks large ball</li> <li>*Recognizes familiar pictures, books</li> <li>*Engages in pretend play (using spoon as an airplane)</li> <li>*Uses 2 or 3 words together</li> <li>*Says "mine"</li> <li>*Jumps in place</li> </ul>	<ul style="list-style-type: none"> <li>*Feeds self *Walks up steps</li> <li>*Says at least 3 word sentences</li> <li>*Responds to feeling of others</li> <li>*Completes 3-4 piece puzzle</li> <li>*Takes turns during play</li> <li>*Shows interest in potty training</li> </ul>
Indicators for Concern	<ul style="list-style-type: none"> <li>*Unable to stand alone</li> <li>*Does not point to objects, people</li> <li>*Does not hold own cup</li> </ul>	<ul style="list-style-type: none"> <li>*Unable to walk without help</li> <li>*Does not say at least 15 words</li> <li>*Not able to feed self with spoon</li> </ul>	<ul style="list-style-type: none"> <li>*Does not follow simple directions</li> <li>*Does not pretend play</li> <li>*Walks on toes</li> <li>*Difficulty holding large size crayon</li> </ul>	<ul style="list-style-type: none"> <li>*Words/speech not understood by others</li> <li>*No interest in other children</li> <li>*Poor balance, falls frequently</li> </ul>

*Sources: American Academy of Pediatrics, Department of Pediatrics University of Florida, the Florida Diagnostic and Learning Resources System.*