



## Infant Massage Educator Certification Training

**Curriculum:** This four-day training includes an overview of the benefits of infant massage for families, current research on the benefits of touch and massage, observing and guiding parents' response to infant cues during massage, promoting positive parent-infant interaction during massage, adapting touch to address specific needs of the individual baby, massage adaptations for the growing child, communication skills with parents and caregivers, and group and individual teaching and facilitation skills.

**Required Reading:**

- Infant Massage Instructor's Manual
- Infant Massage: A Handbook for Loving Parents by Vimala McClure

**Demonstration Class:** The parent-baby infant massage class is a major component of the training. This three day demonstration class enables participants to observe the interactions between parents and babies and to receive guided practice in teaching the massage process. There is no fee for the parents to be in the demonstration class and they will be the only ones massaging their baby.

**Certification Process:** In order to be certified as an Educator of Infant Massage (CEIM), students must:

- Attend and complete all four training days; partial credit cannot be granted
- Complete required reading
- Phase 1: Complete an open-book take home exam within four weeks of completion of training
- Phase 2: Upon successfully passing the exam, students must teach the infant massage process to five parents or caregivers and their babies. Submit the five parent evaluation forms to the Trainer within 16 weeks of the training

**Materials:** Bring a doll to class for learning and demonstrating the strokes. Dolls need to be 19-22 inches in length, have a cloth body and vinyl arms, legs and face, (if possible with at least one open hand).

I understand the above listed requirements of the Infant Massage Educator Certification Training and Certification Process. I agree to complete these requirements within the specified time requirements:

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Signature

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Date

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Supervisor Signature

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Date